

PHYSICAL HEALTH EDUCATION SCHEME OF LEARNING- BASIC 8

TERM 2 SCHEME OF LEARNING

WEEKS	STRAND	SUB STRAND	INDICATORS	RESOURCES
1	Physical Activity Education	Traditional Rhythmic Gymnastics, Games And Dance	B8.2.1.1.1	Pictures, wall charts, etc.
2	Physical Activity Education	Traditional Rhythmic Gymnastics, Games And Dance	B8.2.1.2.1	Pictures, wall charts, etc.
3	Physical Activity Education	Traditional Rhythmic Gymnastics, Games And Dance	B8.2.1.3.1	Pictures, wall charts, etc.
4	Physical Activity Education	Physical Fitness	B8.2.2.1.1	Pictures, wall charts, etc.
5	Physical Activity Education	Physical Fitness	B8.2.2.2.1	Pictures, wall charts, etc.
6	Physical Activity Education	Physical Fitness	B8.2.2.3.1	Pictures, wall charts, etc.
7	Physical Activity Education	Physical Fitness	B8.2.2.4.1	Pictures, wall charts, etc.
8	Physical Activity Education	Organized Sports And Physical Activity Participation	B8.2.3.2.1	Pictures, wall charts, etc.
9	Physical Activity Education	Organized Sports And Physical Activity Participation	B8.2.3.2.2	Pictures, wall charts, etc.
10	Physical Activity Education	Organized Sports And Physical Activity Participation	B8.2.3.3.1	Pictures, wall charts, etc.
11	REVISION AND END OF TERM ASSESSMENT			

TERM 3 SCHEME OF LEARNING

WEEKS	STRAND	SUB STRAND	INDICATORS	RESOURCES
1	Health Education	Nutrition And Physical Activity	B8.1.1.1.1	Pictures, wall charts, etc.
2	Health Education	Disease Prevention And Management	B8.1.2.1.1	Pictures, wall charts, etc.
3	Health Education	First Aid, Injury Prevention And Management	B8.1.3.1.1	Pictures, wall charts, etc.
4	Health Education	First Aid, Injury Prevention And Management	B8.1.3.1.2	Pictures, wall charts, etc.
5	Physical Activity Education	Traditional Rhythmic Gymnastics, Games And Dance	B8.2.1.1.1	Pictures, wall charts, etc.
6	Physical Activity Education	Traditional Rhythmic Gymnastics, Games And Dance	B8.2.1.2.1	Pictures, wall charts, etc.
7	Physical Activity Education	Physical Fitness	B8.2.2.2.1	Pictures, wall charts, etc.
8	Physical Activity Education	Physical Fitness	B8.2.2.3.1	Pictures, wall charts, etc.
9	Physical Activity Education	Organized Sports And Physical Activity Participation	B8.2.3.3.2	Pictures, wall charts, etc.
10	Physical Activity Education	Organized Sports And Physical Activity Participation	B8.2.3.3.2	Pictures, wall charts, etc.
11	Physical Activity Education	Organized Sports And Physical Activity Participation	B8.2.3.3.3	Pictures, wall charts, etc.
12	REVISION AND END OF TERM ASSESSMENT			